



Vitamin Injections

Shots starting at \$25

No Appointment Needed

Come By Our Office for Injections

Rancho Bernardo
11828 Bernardo Plaza Ct
San Diego, CA 92128

Monday – Thursday 9:00am-4:30pm

Friday 9am - 2:30pm

For more information, please visit our website!

www.atmyprime.com

Every Monday

Yoga Six 4s Ranch:

10:00am-10:30am

16625 Dove Canyon Rd.
San Diego, CA 92127

Frazier Farms Oceanside:

3:30pm-4:30pm

1820 Oceanside Blvd.
Oceanside, CA 92054

Frazier Farms Vista:

5:00pm-6:30pm

225 Vista Village
Vista, CA 92083

Every Friday

FWRD+ Fitness:

9:15am – 9:45am

11305 Rancho Bernardo Rd
San Diego, CA 92127

Nutrition Place

11:00am – 2:00pm

345 Third Ave
Chula Vista, CA 91910

Every Saturday

Frazier Farms La Mesa

9:30am - 11:30am

8401 Fletcher Pkwy
La Mesa, CA 91942

Bonita Farmers Market

12:30pm - 2:00pm

5080 Bonita Rd
Bonita, CA 91902

1st and 3rd Saturday of the Month

F45 4s Ranch

8:15am & 9:30a

16625 Dove Canyon Rd #105
San Diego, CA 92127

2nd Saturday of the Month

F45 Carmel Mountain:

8:15am & 9:30am

11467 Carmel Mountain Rd
San Diego, CA 92128

4th Saturday of the month

F45 Rancho Penasquitos:

8:00am & 9:15am

13289 Black Mountain Rd
San Diego, CA 92129

